

# Corning Senior Center

**June 2009 Senior News Letter**

**Seniors Helping Seniors**

**1015 4<sup>th</sup> Ave. Corning, CA 96021**

**530-824-4727**

**Mon.- Fri. 8am to 1 pm**

## **CUHS Students To Serve Seniors**

Students from CUHS will be on hand to prepare and serve luncheon on Friday, May 29<sup>th</sup> for all Seniors attending the monthly Birthday and Ice Cream Social that is traditionally held on the last Friday of every month Luncheon will be served at 11:30 and will have a suggested donation price of \$2.50 for Seniors and \$6.00 for non-seniors. Please sign up and make a reservation for the event. Lin 824-4727

## **Medicare Counseling With HICAP Located At Corning Senior Center**

The Health Insurance Counseling and Advocacy Program is a free service of PASSAGES that help people with Medicare, regardless of age. State registered counselors can help you understand Medicare or resolve problems with your benefits. Compare Medicare Supplemental insurance or health plans. Explore long term care options and evaluate LTC policies. They can also compare Part D drug plans and other prescription drug resources and find out about government programs that reduce your medical costs. For and appointment call 898-6716.

## **Senior Legal Hotline To Speak On New Eligibility Requirements**

The federal food stamp program is now called Supplemental Nutrition Assistance Program (SNAP). There are changes to eligibility requirements that make it easier for seniors 60 and over to qualify. Starting in April 2009, food stamp/SNAP benefits will increase due to the American Recovery and Reinvestment Act. Sign up for luncheon and see if you are eligible, Thursday, June 11, 2009 at the Corning Senior Center. You must have a RSVP for the 11:30 seminar and please do not be late. For more information call 916-551-2140 or toll free 800-222-1753 or go to [www.seniorlegalhotline.org](http://www.seniorlegalhotline.org)

## **Fourth Of July Bar-Be-Que Slated For Friday, July 3<sup>rd</sup>**

The Corning Senior Center is usually closed the Friday before the 4<sup>th</sup> of July. This year there will be a 4<sup>th</sup> of July bar-Be-Que Fund Raiser on Friday, July 3<sup>rd</sup> and hosted by Seniors for Seniors. Luncheon will be served at 11:00 with the center opening at 9:00 a.m. for "Popcorn and a Movie", coffee, tea and pastry. A Chinese Auction, (an opportunity drawing) will be held immediately after lunch with an Old Fashion American Sing Along by Lewie. Please RSVP and Sign Up for this fun filled event.

## **ServSafe Program Offered**

Gaylen Norman with senior Nutrition will be holding a ServSafe Class for individuals who would like to work in the kitchen or help serve meals during luncheon in the dining room. The class will deal with sanitation and will also be very beneficial in helping seniors to stay healthy by taking extra precautions in food preparation. The Date to be announced soon.

## **Up Coming Events**

Legal Aid  
AARP General Meeting  
Commodities  
Corning Senior Center Ex. Bd. Meeting  
Birthday and Ice Cream Social

## **Date and Time**

Tuesday, June 9th	1:00 p.m.
Thursday, June 18th	2:00 p.m.
Wednesday, June 17th	8:00 a.m. to 12:00 p.m.
Wednesday, June 17th	12:30 p.m.
Friday, June 26th	11:30 a.m.